

been held, which she stated they are sometimes ordered by the police to do at present. This was carried.

The Board then considered seriatim the Rules which are now under revision, and a Glossary defining some of the terms used in them. We hope they will reconsider their decision to define the term "enema" in the sense of an appliance for giving rectal injections. The point of view apparently was that it is so understood by the *bonâ fide* midwives for whose benefit the Glossary is intended, but this cannot make the definition correct, and the action of the Board in authoritatively sanctioning it would certainly be open to criticism.

### Scholarships for Students of Midwifery.

1. The London County Council is prepared to award not exceeding twelve scholarships a year (six in July and six in January) to students in midwifery. The first award will be made in July, 1906.

2. Candidates, who must be ordinarily resident within the County of London, must furnish satisfactory evidence as to character, must be between twenty-four and forty years of age on July 31st, 1906, and must be certified by the Council's medical officer as being in good health.

3. Candidates must also be prepared to satisfy the Council as to their need for pecuniary assistance for the purpose of training as midwives, and to enter into a bond with sureties that they intend to practise as midwives for two years within the administrative County of London.

4. Candidates will be required to pass a qualifying examination in writing from dictation, and elementary arithmetic, the standard being substantially equivalent to that of Standard VI. of the elementary school code.

5. Preference may be given to candidates who produce evidence of satisfactory training in general nursing or of practical experience of sick nursing among the poor.

6. The value of the scholarships will be £25, this sum being payable to the institution selected by the applicant in part discharge of the fee for board, lodging and tuition.

7. Including practical work at the institution the course of training will extend over a period of six months.

8. The scholarships must be held at institutions recognised by the Central Midwives' Board and approved by the Council. The institutions at present approved are Queen Charlotte's Lying-in-Hospital, the East End Mothers Lying-in-Home, the Clapham Maternity Hospital, and the Central Lying-in-Hospital, York Road, Lambeth.

9. Forms of application for these scholarships may be obtained from the Executive Officer (Education), Education Department, Victoria Embankment, W.C., and must be returned to the same address not later than Saturday, May 5th, 1906.

10. The examination referred to in § iv. will take place on Friday, May 25th.

### Professional Review.

#### NURSING: ITS PRINCIPLES AND PRACTICE.\*

Mrs. Hampton Robb's book on Nursing, is a standard work which should be known and read by all nurses, and the present new edition is very welcome. Mrs. Robb's life's work bears witness to her high ideals of the work of a nurse—ideals which she has embodied in her valuable book on Nursing Ethics. The title page of the volume now under discussion bears witness to the faith that is in her. She quotes Miss Nightingale's words: "Nursing is an art . . . requiring as hard a preparation, as exclusive a devotion, as any painter's or sculptor's work. For what is the having to deal with dead canvas or cold marble compared to the living body, the temple of God's Spirit," and the fine sentiment of George Eliot:—"A motive that gives a sublime rhythm to a woman's life and exalts habit into partnership with the world's highest needs, is not to be had where and how she will; to know that high initiation she must often tread where it is hard to tread, and feel the chill air, and watch through darkness. It is not true that love makes all things easy, it makes us choose what is difficult."

In the present edition the first chapter has been entirely changed, and now contains a suggestion for the division of work during the period of training over the three years' course of instruction, which includes a six months' preliminary course. "This course," we are told, "is given to the student before she is allowed to begin her practical work in the wards, and embraces the elements of anatomy, physiology, hygiene, bacteriology, household economics including invalid dietary, materia medica, the elements of nursing, and hospital ethics and etiquette for probationers. These subjects are taught by lectures, demonstrations, recitations, and by practice."

The preliminary course is arranged in the following way: A class of probationers is made up for the spring and autumn. Each class is divided into five sections with an equal number of pupils in each section. At the end of a certain number of weeks the sections exchange work, until the entire course, lasting over a period of six months, is covered. The afternoons are occupied with classes, lectures, and demonstrations, and from 5 to 7 p.m. the probationer is required to perform certain domestic duties in the wards under the observation and criticism of regular instructors, who are experienced graduate nurses.

The "instructor" seems to be an officer not found as yet outside the hospital in the United States of America, but it is certainly an excellent plan that the probationers should learn their work under the direction of an officer specially appointed to look after it.

In this way the Sister of a busy ward is relieved of

\* "Nursing: Its Principles and Practice for Hospital and Private Use," by Isabel Hampton Robb, Graduate of the New York Training School for Nurses, attached to Bellevue Hospital; late Superintendent of Nurses and Principal of Training School for Nurses, Johns Hopkins Hospital, Baltimore; Hon. Member of the Matrons' Council, &c. (E. C. Koeckert, 715, Rose Building, Cleveland, Ohio. Price, 2 dols.)

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